



Newsletter

Summer 2023



Dear wonderful Caring Cooks community!

As we find ourselves in the thick of the holidays, we're thrilled to bring you our summer update, shining a light on the strides our charity has taken recently to support families in need here in Jersey.

For our newcomers, welcome aboard! At Caring Cooks of Jersey, we've woven a legacy of combating food poverty and championing healthy eating since 2014. We pride ourselves on offering more than just meals. We're shaping a generation's understanding of nutrition, especially in our local primary schools.

Our kitchen in St. Martin has been a hive of activity, tirelessly serving nourishing meals to families while simultaneously managing the surge in Primary School Meals demand. Such dedication demonstrates our undying commitment to the community.

But it's not just about the schools. Our partnerships extend beyond, molding young minds into informed eaters. We firmly believe: empower a child with nutritional wisdom today, and you've invested in a healthier tomorrow.

With pride, we unveil the Summer Lunch Bunch Campaign, ensuring no child misses a nutritious meal during the summer break. This initiative stands testament to our pledge of food accessibility for all.



Newsletter



Cont'd...

Also, in a bid to enrich our community further, we're rolling out a Cooking Skills course for the budding 18–25 age group. Tailored for those eager to embrace independence, this program will equip them with the culinary skills and nutritional know-how to take on the world.

Furthermore, in collaboration with the Back to Work Team, we'll be welcoming a fresh face as our new Office Assistant come October. And the cherry on the cake? Our collaboration with the Government on a groundbreaking Food Strategy – aimed at fortifying Jersey's food scene.

Our journey is etched with the imprints of our volunteers, allies, and donors. Your generosity, hard work, and sheer belief in our mission makes it all happen. Every meal served, every course taught, and every strategy designed are all thanks to your trust and support.

The horizon looks promising. With the Government introducing hot school meals in more schools this Autumn, our island is poised for a nutritional renaissance.

Here's to making the most of the remaining summer days and to the new school year!

With warm summer wishes,

Yvonne Corbin
CEO, Caring Cooks



Announcements

Board News

Our very own Board Director, Simon Soar has been nominated for two Pride of Jersey awards! Good luck Simon, we're very proud to have you on our team!



New School!

We are thrilled to announce that from the new term, we will be providing hot school meals in Grands Vaux School! Thank you Government of Jersey for helping make this happen!



Visit us on: <https://www.caringcooksofjersey.com/>

What we've been up to...



Let's Get Cooking Programme

A memorable outing unfolded for our Year 6 pupils from Janvrin, Samares, St Lukes, and Mont Nicolle schools. They stepped into the bustling world of hotel operations, soaking in the behind-the-scenes magic. They also rolled up their sleeves to craft a delightful afternoon tea for some very special guests.

Huge thanks to Seymour Hotels, St Brelades Bay Hotel, and The Savoy Hotel for your wonderful hospitality – we look forward to working with you again!



What we've been up to...



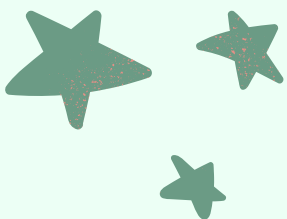
Let's Get Cooking Programme – Fiona Brodie Award

Each year, we honour the memory of Fiona Brodie, who was instrumental to the success of our Let's Get Cooking Programme and whose impact on young chefs is everlasting.

Among our exceptional pupils across all five schools, one has truly shone bright this year. With unwavering dedication, collaboration, and a passion for culinary arts, Jaden, from St Luke's School Jersey has been chosen as this year's Award recipient.

Congratulations, Jaden! Your 6 year journey is an inspiration to others, showcasing the transformative power of our programme. Good luck in secondary school and keep up the cooking!!

With special thanks to The Club Hotel & Spa for the prize donation.



Campaigns

Highlight on Holiday Hunger campaign

Our Summer Lunch Bunch Campaign has been in full swing. Designed with love and care, this initiative seeks to guarantee that vulnerable children don't go without food during the holiday season. Our devoted team has been working tirelessly every Saturday, assembling food boxes that encapsulate the warmth of the season for our families.

We believe in a community where nothing goes to waste; hence, any uncollected boxes find their way to either Brighter Futures or the Sanctuary Trust, furthering our reach and commitment to serve.



Huge thanks to:

Jersey Community Foundation
La Collette Foods
Channel Islands Coop
Jersey Dairy
Fungi Delecti
Jersey Sea Salt



Visit us on: [or https://www.caringcooksofjersey.com/](https://www.caringcooksofjersey.com/)

Other good stuff...

The One to Six Sober Charity Challenge

We're thrilled to share an incredible success achieved by our CEO in the One to Six Challenge! With unwavering determination, she has successfully completed the whole challenge of abstaining from alcohol, setting a remarkable example for us all. Her dedication has not only transformed her own life but has also inspired an outpouring of support, resulting in nearly £9000 raised in donations so far. The One to Six Challenge is not just about personal growth; it's about collective empowerment. Thank you to everyone who donated and supported Yvonne. Together, we can make a lasting impact on the lives of those in need.

Please place your orders for Primary School Meals in time for the Autumn Term, we have some great lunches on the menu. Orders can be placed via

QR Code:



To read more or donate to this cause: [Click Here](#)



10th Birthday!



We're thrilled to announce a special project in honour of Caring Cooks' upcoming 10th anniversary – a cookbook tailor-made for the children of Jersey.

But here's the magic: we're inviting your young chefs to dive into this project headfirst. Encourage them to explore their creativity in the kitchen. Imagine the thrill they'll experience if their recipe earns them a spot as a published chef – a truly exceptional achievement to share with family and friends.

For all the ins and outs of how to submit your child's recipe and the guidelines for participation:

<https://www.caringcooksofjersey.com/cookbook>

Whether it's a mouthwatering mac 'n' cheese, a snack or a yummy dessert, we want to hear from you! We're seeking your 30 most delightful, inventive, and enjoyable-to-make recipes to feature in our cookbook.

Huge thanks to our incredible supporters, Apex Group Ltd (Channel Islands Branch), whose generosity is powering this initiative. This is more than just a cookbook; it's a way to foster healthy eating habits, support local producers, and champion sustainable practices while strengthening our community bonds.

Closing date for entries is 30th October 2023



Our Supporters



We would like to sincerely thank you, friends and supporters for your kindness during this school year. We would not be able to do what we do without you!

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Island Energy Valley Foods

Apex Group ATF Fuels Savoy Hotel

Krafty J's 745 Breakfast Club

Jersey Community

Fungi Delecti

Waitrose Foundation



Rathbones

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Accuro Channel Islands Cooperative

Jersey Dairy

Bohemia Restaurant

La Collette



Jersey Sea Salt

Government of Jersey

Seymour

An Island Chef

Tree Fella

Group

How you can help...



Food insecurity continues to affect many individuals and families, even in our beautiful island community. Providing food to those in need is essential, but so is educating children on the importance of a nutritious and balanced diet.

With your support, our charity can continue to work on these two vital fronts:

- **Feeding Vulnerable People:** Your donation will help us provide nutritious meals to those who struggle to put food on their table. By ensuring that no one goes hungry, we can uplift our community and offer hope during challenging times.
- **Food Education for Children:** By empowering the younger generation with knowledge about healthy eating habits, we can set the foundation for a brighter and healthier future.

Every penny counts, and each donation is a step towards a stronger, healthier, and more resilient community. Please consider making a donation today, however small. Your generosity will not only fill empty stomachs but also nourish hearts and minds.

Your support means the world to us!

Thank you

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