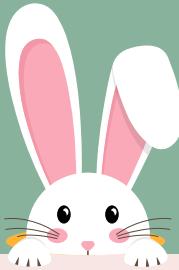


# Newsletter

April 2023



Dear friends and supporters of Caring Cooks,

We are thrilled to bring you our latest newsletter, highlighting the incredible work that our charity has been doing in the past few months to help families in need in Jersey.

As you may know, Caring Cooks of Jersey is dedicated to tackling food poverty and promoting healthy eating habits in the community. Since our establishment in 2014, we have been committed to supporting vulnerable families across the Island by providing meals in times of difficulty, and also providing nutrition education to children in some of our primary schools.

In the past few months, our team has been working tirelessly to expand our reach and impact in the community. Our central kitchen, located in St. Martin, has been busier than ever. As well as preparing and delivering balanced meals to families, we have seen an increase in the uptake of Primary School Meals, which has seen the team working at full capacity.

We continue to collaborate with local schools to provide nutrition education to children and believe that by teaching children about healthy eating habits, we can empower them to make better food choices and improve their long-term health outcomes.



# Newsletter



Cont'd...

None of this work would be possible without the support of our amazing community of volunteers, corporate partners and donors. We are deeply grateful to each and every one of you who have contributed to our cause, whether through donations, volunteering, or spreading the word about our work.

We have some exciting plans in the works for the upcoming months, including launching new initiatives to tackle food poverty in Jersey. We can't wait to share more updates with you soon. We also look forward to seeing the Government roll-out of more hot school meals in primary schools across the Island.

Thank you for your continued support of Caring Cooks of Jersey. Together, we can make a difference in the health of our Island and to those in need.

Wishing you all a wonderful Easter break, and we very much look forward to the Summer Term!

Warmly,  
Yvonne Corbin  
CEO, Caring Cooks



# Announcements



## New Board Members

We are thrilled to announce the appointments of Simon Soar, Katey Wood, Nick Jewell and Mel Pardoe as directors and Jay Parmar as Finance Director of Caring Cooks.

Welcome to the team!

## New School!

In September, we were delighted to onboard Le Rocquier School as part of our Flourish Secondaries School Meals contract. Thank you Government of Jersey for helping make this happen!



# What we've been up to...



## Little Superstars!

We are always encouraging children to cook at home and it's even better when they send us pictures! Keep them coming in – it gives us such great pleasure!

### Don't forget...

Please place your orders for Primary School Meals in time for the Summer Term, we have some great lunches on the menu. Orders can be placed via QR Code:



# Campaigns

## Food or Fuel

We are absolutely thrilled to be able to share the fantastic news that we have now distributed 870 vouchers to families across the Island worth £50 each, thanks to the HUGE generosity of Islanders, our campaign partner Channel Islands Co-operative, our corporate supporter Apex Group Ltd , Jersey Community Foundation and both Island Energy & Jersey Electricity. These vouchers were a truly welcome gift for vulnerable families over the winter months by providing fuel and food.

We thank each and every one of you who donated to this cause.



## New Initiative

We are soon to launch our new Campaign 'Meal Mates', which aims to connect Communities through Home-Cooked Meals. We will be encouraging families to cook a meal for another family, fostering a sense of community, empathy, and support while reducing the burden of meal preparation.

More details of this initiative to follow...

Visit us on: <https://www.caringcooksofjersey.com/>

# Fundraising

## The One to Six Sober Charity Challenge

The one to Six Challenge is a unique and inspiring initiative designed to encourage participants to abstain from alcohol for between one and six months while raising funds for Caring Cooks . By committing to a healthier lifestyle and embracing the benefits of sobriety, participants not only transform their own lives but also make a positive impact on the lives of others. Throughout the challenge, individuals find support and camaraderie in a community of like-minded people, as they share their experiences and celebrate their milestones.

Our CEO created this challenge and committed to Six Months of no Alcohol – she is now into month 4!

Our aim is to raise £20k, which is an incredible (and ambitious!) amount but we hope to achieve this by the 1st July 2023.

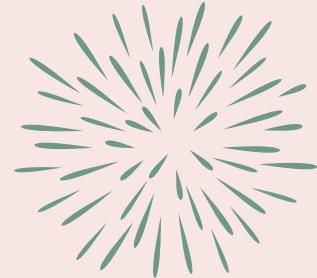


To read more or donate to this cause: [Click Here](#)

# Good Stuff



28 individuals recently received the Bailiff's citation, a certificate to recognise special efforts towards the Covid-19 response. Our board director Simon Soar was one of those people – very proud indeed!



We are super thrilled that our Weekly Meal Service Team have been shortlisted for a Customer Service Award. Winners will be announced on the 30th April – fingers crossed!



Our Chairman, Mike Jeacock was a finalist for an IoD Jersey 'Director of the Year' Award, Non-Executive category in November and although he didn't take the award home, we are thrilled that he placed in the final three. Well done Mike!



We were thrilled for our Flourish employee Emily, who received the Outstanding Achievement award in Culinary Arts at the Highlands College Apprenticeship Awards. We are so very proud to have her on our team and will continue to support her through the next level of her course. Well done Emily!



# Upcoming Events

## Krafty Cooks!



We're swapping out our aprons for ra-ra skirts and Adam Ant stripes for the weekend!! Thanks to John O'Connell of Krafty J's, we are the chosen charity for this fantastic local event.

Please join us at People's Park on Friday 26th May from 4 - 11pm for an immersive evening filled with 70s, 80s, and 90s music, along with local DJs, Special Guests, Musicians, Street Food, and unique drinks.

We will be at the event throughout the whole weekend and will be running a special Caring Cooks area with lots of fun - you may even see a DJ in there donning a chefs apron and hat...

As chosen charity, Krafty's have given us and our supporters a great discount on the Friday tickets. If you book between now and the 14th April, you will receive a 20% discount. Just use the code; CARINGCOOKS123 when booking through [Eventbrite](#)

It's a fantastic way to have fun, support the local community, and make a positive impact.



# Our Supporters



We would like to sincerely thank you, friends and supporters for your kindness during this school year. We would not be able to do what we do without you!

Lysaght Ardian Mailmate Print

Apex ❤️ Island Energy Valley Foods

ATF Fuels QI Finance Radisson Blu

Jersey Community 745 Breakfast Club

Foundation Sienna Group Samares  
Brand Champions Magic School  
Touch

The Pavilion Restaurant SHYCT ❤️

Association of R&H Solitaire Consulting  
Jersey Charities Ashtanga Yoga Jersey

Accuro Channel Islands Cooperative

❤️ The Studio St Michael's School

La Collette IoD Bohemia Restaurant

Government of Jersey Tree Fella

An Island Chef ❤️ Jersey Electricity



# How you can help

Food insecurity continues to affect many individuals and families, even in our beautiful island community. Providing food to those in need is essential, but so is educating children on the importance of a nutritious and balanced diet.

With your support, our charity can continue to work on these two vital fronts:

- **Feeding Vulnerable People:** Your donation will help us provide nutritious meals to those who struggle to put food on their table. By ensuring that no one goes hungry, we can uplift our community and offer hope during challenging times.
- **Food Education for Children:** By empowering the younger generation with knowledge about healthy eating habits, we can set the foundation for a brighter and healthier future.

Every penny counts, and each donation is a step towards a stronger, healthier, and more resilient community. Please consider making a donation today. Your generosity will not only fill empty stomachs but also nourish hearts and minds.

Your support means the world to us!

Thank you

[Donate](#)  
[Here](#)